

**INTENSIVE CARE UNIT
COMPETENCY CHECKLIST: Blood Sampling from a Central Line**

Name: _____

Date: _____

Critical Behaviours	Yes	No	Comments
1. Collect appropriate equipment.			
2. Wash hands.			
3. Explain procedure to patient.			
3. Apply gloves.			
4. Attach a 10 cc syringe to the stopcock or insert it to the buff cap port.			
5. Gently aspirate 5 or 10 cc of blood (if resistance is felt, stop and notify physician).			
6. Remove syringe and discard appropriately.			
7. Attach a new 5 or 10-cc syringe to stopcock or buff cap port (depending on the amount of blood required).			
8. Gently aspirate the amount of blood required for sampling.			
10. Flush line and port with 5 cc of normal saline and followed by 3 cc of Heparin Flush solution.			
11. Inject required amount of blood to the blood tube.			
12. Remove and discard gloves and used supplies in appropriate receptacle.			
13. Document the Heparin Flush in the MAR			