

INTENSIVE CARE UNIT

COMPETENCY CHECKLIST: Maintenance of Central Line (Flushing of Line)

Name: _____

Date: _____

Critical Behaviours	Yes	No	Comments
1. Collect appropriate equipment.			
2. Wash hands.			
3. Explain procedure to patient.			
4. Cleanse the injection port with an alcohol wipe.			
5. Insert the 5 cc syringe (with normal saline solution) to the port and aspirate until a blood return is visualized.			
6. Flush the port with the normal saline and remove the 5 cc syringe.			
7. Insert the 3 cc syringe (with Heparin Flush solution) and flush the port with 3 ml of Heparin Flush solution.			
8. Flush all the unused port(s).			
9. Document the Heparin Flush on MARs.			