

PATIENT CARE SERVICES

ANNUAL COMPETENCY ASSESSMENT TOOL (ACA)

Registered Nurse, Maternity/L & D (1-36)

This ACA Tool certifies that _____ has been revalidated for the following skills according to Name of standards for the review period: _____.

Validated By: _____ Title: _____

Validation: RD = Return demonstration; V = Verbalizes; NA = Not applicable to area or no experience required.

SKILLS	SATISFACTORY PERFORMANCE		VALIDATION (Initials as appropriate)			DATE
	Yes	No	RD	V	NA	
1. <u>General Obstetrical Management:</u>						
a. Assessment of Labor:						
1) Assess for risk factors.						
2) Cervical dilation/effacement and Changes.						
3) Duration/frequency/quality of Contractions.						
4) Identity of fetal part.						
5) Obtain OB history.						
6) Psychological/behavioral status of Patient.						
7) Station of presenting part.						
b. Assist with:						
1) Amnioinfusion.						
2) Collection of cultures.						
3) Epidural catheter placement.						
2. <u>Antepartum Care:</u>						
a. Preterm labor.						
b. Premature rupture of membranes						
c. Pyelonephritis.						
d. Hyperemesis gravidarum.						
3. <u>Assist with Interventions During Labor:</u>						
a. Assist/monitor those requiring anesthesia: General, Regional (epidural, local infiltration, spinal).						
b. Cesarean section						

Developed by: _____ Name of Developer
 Approved by: _____ Name of Approver

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c. Forceps vaginal delivery/vacuum Extraction delivery.						
d. Initiate emergency measures.						
e. Knowledgeable of s/s of infant distress.						
f. Labor room delivery.						
g. Spontaneous vaginal delivery.						
4. <u>Interventions During Labor:</u>						
a. Administer analgesics.						
b. Change patient's position PRN.						
c. Coach in relaxation techniques and psychoprophylactic breathing.						
d. Perform a perineal prep.						
e. Guide and support labor coach.						
f. Initiate emergency protocols.						
g. Monitor fluid status.						
h. Provide care and monitor after rupture of Membranes (spontaneous or artificial).						
i. Provide emotional support.						
j. Provide physical comfort measures.						
5. <u>Intrapartum Care of Women With:</u>						
a. Abruptio placenta.						
b. Asthma.						
c. Cardiac disease.						
d. Cystitis.						
e. Diabetes mellitus.						
f. Drug/substance abuse.						
g. Eclampsia (seizures).						
h. Hemorrhage.						
i. Hypotension from regional anesthesia.						
j. Infectious diseases: Group Beta Strep, Hepatitis B & C, Herpes, HIV.						
k. Malpresentations.						
l. Multiple gestation.						
m. Pregnancy-induced hypertension.						
n. Preeclampsia.						
o. Placenta previa.						
p. Premature labor.						
q. Prolapsed cord.						
r. Rh Incompatibilities.						

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s. Sickle cell crisis.						
6. <u>Medication Administration:</u>						
a. Administer IM and SC medications,						
b. Monitor I.V. infusions:						
1) Cervical ripening agents: Cervidil, cytatec, and Prostaglandin.						
2) Insulin.						
3) Labor suppressants: MgSO4, Ritodrine, & Terbutalene.						
4) MgSO4 for pre-eclampsia						
5) Oxytocin induction/augmentation/ Prostaglandin.						
6) Induction.						
7. <u>Intravenous Fluid Administration:</u>						
a. Peripheral access: Angiocath, Butterfly and I.V. lock.						
b. Administration/maintenance: Peripheral.						
c. Tubing changes: Peripheral and central.						
d. Site care: Peripheral and central						
8. <u>Blood/Blood Products Administration:</u>						
a. Consent.						
b. Administration: PC, FFP, and albumin.						
c. Discontinuation/transfusion reactions.						
9. <u>Postpartum Assessment:</u>						
a. Accurate assessment and documentation of:						
1) Amount and character of lochia.						
2) Bladder status.						
3) Cesarean section.						
4) Episiotomy.						
5) Fundal consistency and height.						
6) Incision.						
7) Aldrete Score.						
10. <u>Postpartum Intervention:</u>						
a. Assess/foster parent-infant bonding.						
b. Assist with initial attempts with breast feeding at/after delivery.						
c. Bladder and bowel care.						
d. Breast care.						

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e. Fundal massage.						
f. Implement measures to initiate voiding if distention occurs.						
g. Interventions for post cesarean sections.						
h. Post-anesthesia recovery care (epidural, general, spinal).						
i. Provide perineal care.						
11. Use of Medical Equipment:						
a. I.V., PCA and epidural pumps.						
b. Oxygen tank and regulator.						
c. Capillary glucose monitor.						
d. Suction apparatus: Wall and portable.						
e. Oxygen therapy: Wall and portable.						
f. Pulse oximeter.						
g. Fetone.						
h. Fetal monitor (internal/external cables).						
i. Electrosurgical device.						
j. Non-invasive blood pressure monitor.						
k. Infant warmer.						
l. Birthing bed.						
m. Vacuum extractor.						
n. Sitz bath.						
o. Transfer board.						
p. Computer and printer.						
q. Facsimile machine.						
r. Reports defective equipment.						