

Guide to Sedation for Procedures

ELEMENT	ORAL SEDATION	PARENTERAL (IV/IM) SEDATION
Pre-procedure Evaluation	<ol style="list-style-type: none"> 1. Relevant history & focused physical exam 2. Assignment of ASA score 3. Pre-procedure Aldrete score 4. Informed consent for sedation 	<ol style="list-style-type: none"> 1. Relevant history & focused physical exam 2. Assignment of ASA score 3. Pre-procedure Aldrete score 4. Informed consent for sedation
Intra-procedure Monitoring	<ol style="list-style-type: none"> 1. Pulse oximetry 2. Continuous monitoring of pulse & respirations 3. BLS personnel present 4. Documentation every 10-15 minutes of: <ul style="list-style-type: none"> • Level of consciousness • Vital signs, including BP or HR, and RR • Percentage oxygen saturation 	<ol style="list-style-type: none"> 1. Pulse oximetry 2. Continuous monitoring of pulse & respirations 3. ALS personnel present 4. Documentation every 10-15 minutes of: <ul style="list-style-type: none"> • Level of consciousness • Vital signs, including BP or HR, and RR • Percentage oxygen saturation 5. Patent intravenous access 6. EKG monitor 7. Blood pressure monitoring every 10-15 minutes 8. Immediate availability of emergency equipment including defibrillator, EKG monitor, suction device, oxygen, airways, emergency drugs, and intubation equipment
Post-procedure Monitoring	<ol style="list-style-type: none"> 1. Return to baseline/pre-procedure Aldrete score 2. No significant physiologic abnormalities 3. Meets discharge criteria 4. Discharge instructions provided including: <ul style="list-style-type: none"> • Diet • Medications • Activities • Complications • Course of action for complications 	<ol style="list-style-type: none"> 1. Return to baseline/pre-procedure Aldrete score 2. No significant physiologic abnormalities 3. Meets discharge criteria 4. Discharge instructions provided including: <ul style="list-style-type: none"> • Diet • Medications • Activities • Complications • Course of action for complications • No driving/major decision-making for 24 hours